



EASTERN OPEN TRACK EVENTS

These open events are for all to enter - no medals just an opportunity to race in present age groups and finish the season on a high and hopefully a personal best!

U12	Para Races	Sprints
75 m	100 m	100 m
150 m	400 m	200 m
600 m		

Sprint Hurdles		
U14 Girls	U14 Boys	U16 Girls
75 m	80 m	80 m
U16 Boys	U18 Women	U20 Women
100 m	100 m	100 m
Senior Women		
100 m		